**Crook County Community Health Improvement Plan Report Card**

**Outcome:** Crook County Residents have Healthy Lifestyles

**Population:** Crook County Residents

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**Action Team Description:**

**DATA DEVELOPMENT AGENDA:**
- % of heart disease

**Headline Performance Measures:**
- Obesity and overweight
- % of diabetes
- Adults who are Sedentary

**How Are We Doing?**

**Story Behind Baseline:**
- Kids don't go out as much
- Kids are overscheduled.
- No rec center. Kids might have a lack of access to physically active options (i.e., no nets on basketball hoops, etc.)
- Limited options for kids that are safe (i.e., parcour)
- No sidewalks (which may not necessarily be an issue),
- Weather temperatures
- Nothing indoors for activity.
- Some food stores offer savings programs/options for healthy food options.
- Lack of public education about nutrition breakdown of foods at the food store.
- Salad bars at the school and other food options are positive. Athletes are able to take a sacked lunch with them on road trips.
- Junior High and High Schools do not provide lunch and therefore kids must walk to the elementary school or the convenience store.
- Relationships between communities within the County.
- Education (change the stigma that currently exists of "I can't afford to eat healthfully").
- Poverty rate / socioeconomic status
- Unsupervised kids due to parents' schedules
- Shift work. Parents working long shifts, inability to cook for the family

**What Works (Best Practices):**


**What Might Work?**

- Connect with the high school to use gym equipment.
- Tying into the plans for the new elementary school (Sundance), which might bring with it a sports complex.
- Work toward building efforts for an indoor facility to be physically active.
- Further partnership and collaboration with other communities in Crook County to provide a variety of indoor physical activity programs/options.
- Promote joint planning between communities.
- Nutrition education strategies.
- Work with the partnership (existing) with Weston County for CentSible Nutrition. (A potentially issue is the time classes are currently being offered.) Provide childcare and better hours during courses
- Engage the community for volunteer support.
- Tap into the retiree community
- Civic groups that already exist to provide their volunteer hours toward these efforts
- 5210 program (Maine as a reference document)
- Play 360 program
- Meals on Wheels programs for providing other food access/opportunities to kids.
- Promotion of existing programs. (i.e. Bountiful Baskets)

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**Partners with a Role to Play:**

- School district
- School parent-involvement groups
- Early childhood providers
- Hospital
- Public Health
- Home Health
- County prevention partners (i.e., UW Extension Services)
- CentSible Nutrition-UW Extension
- Senior Center
- Grandparents
- Food stores
- Faith-based organizations
- Interagency (early childhood, health, interventions)
- DFS
- Elected Officials
- Large employers (Forest Service, Powder River Energy)
- Newspaper - evaluate all communities
- Prevention Management Organization
- Mental Health
- Food Pantry
- Bountiful Baskets

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**What Are We Going to Do to Improve Performance?**

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**How Are We Going to Measure Performance?**

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**HEADELINE PERFORMANCE MEASURES:**

**HOW ARE WE GOING TO MEASURE PERFORMANCE?**

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**WHAT WORKS BEST PRACTICES:**

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**WHAT MIGHT WORK?**

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