



**Healthy Montgomery Steering Committee Meeting  
County Council Building**

**■ 100 Maryland Avenue, 6<sup>th</sup> Floor Conference Room ■ Rockville, MD 20850  
Monday, January 14, 2013 ■ 6:00PM-8:00PM**

**Members and Alternates Present:** Uma Ahluwalia, Ron Bialek, Tara Clemons, Mary Dolan, Thom Harr, Wendy Friar, Carol Garvey, Thom Harr, George Leventhal, Judy Lichty, Sharan London, Kathy McCallum, Linda MacMillan, Luis Aguirre, Mary Miller, Seth Morgan, Cesar Palacios, Ulder J. Tillman and Sharon Zalewski.

**Healthy Montgomery Staff:** Dourakine Rosarion, Colleen Ryan Smith, Hawa Barry and Elena Alvarado

**IPHi Staff:** Michael Rhein

**Guests:** Rachel Newhouse, Michelle Grace, Bryant Webber and Atuya Cornwell, Montgomery County Parks and Planning; Amy Sutter, Mental Health Advisory Committee; Dr. Lori Diseti, DHHS, Public Health Resident and Viviana Ortiz.

**Materials distributed:** Handout packet included – Agenda; Draft Minutes from the November 5, 2012 HMSC Meeting; Healthy Montgomery Obesity and Behavioral Health Action Planning Work Group Goals and Objectives; Healthy Montgomery Obesity and Behavioral Health Action Plan Report Outline; and Action Planning Phase: Overview Presentation.

<b>Topic/Presenter</b>	<b>Key Points</b>	<b>Follow-up</b>	<b>Responsible Person/ Timeframe</b>
<b>Welcome and Introductions</b> <i>Co-Chairs: Councilmember George Leventhal and Sharan London</i>	The meeting was called to order at 6:07 p.m.  Co-Chair George Leventhal welcomed everyone to the County Council Building and asked everyone to introduce themselves.		

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<b>Minutes</b>	<p>Mr. Leventhal asked the Healthy Montgomery Steering Committee (HMSC) to review the draft minutes from the November 5, 2012, meeting.</p> <ul style="list-style-type: none"> <li>• <b>MOTION:</b> Dr. Carol Garvey made a motion to approve the November 5, 2012, Healthy Montgomery Steering Committee meeting minutes. Dr. Ulder Tillman seconded the motion. The minutes were approved unanimously by voice vote.</li> </ul>	<b>Approved minutes will be uploaded to the Healthy Montgomery web site</b>	<b>Healthy Montgomery Staff</b>
<p><b>Information Items</b> <i>Dourakine Rosarion, Healthy Montgomery and Uma Ahluwalia, HHS director</i></p>	<ul style="list-style-type: none"> <li>• <b>HHS Director's Comments (Uma Ahluwalia)</b></li> </ul> <p>Ms. Ahluwalia reviewed the following:</p> <ul style="list-style-type: none"> <li>○ The retirement of Ruth Martin (Health Planner)—the position will be filled;</li> <li>○ A SAS programmer has been hired and the contractual relationship with IPHi will be continued;</li> <li>○ Update on HHS letter-Required Health Systems Program for Hospitals – electronic health information, on-line training, confidentiality issues, etc.</li> </ul> <p>Ms. Ahluwalia also noted that the goal is for Healthy Montgomery to work with hospitals to impact community benefits and that the County's Community Health Improvement Process (CHIP) has provided community participation.</p> <p><b>Discussion followed regarding:</b> (1) the IRS timeframe for hospitals to document their action plans based on their assessment processes, and (2) the need for the Steering Committee to align with hospitals and to accelerate the</p>		

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	<p>improvement process to meet the hospitals' timeframes.</p> <p><b>Health Enterprise Zone (HEZ) Update (Dourakine Rosarion)</b></p> <p>Ms. Rosarion provided the following information regarding the HEZ application.</p> <ul style="list-style-type: none"> <li>○ An application was submitted for a Health Enterprise Zone grant for the Takoma Park/Long Branch area;</li> <li>○ The Montgomery County Department of Health and Human Services (DHHS) continues to leverage resources from partners (the Community Health Empowerment through Education and Research (CHEER) and the Primary Care Coalition) and plans to move forward;</li> <li>○ A retreat will be held during the second week in February and the focus will be to prioritize activities;</li> <li>○ Information on Public Information Officer (PIO) Meeting, January 22, 2013.</li> </ul>	<p><b>An update on the status of the application will be provided during next meeting</b></p>	<p><b>MCDHHS</b></p>
<p><b>Healthy Montgomery Process: Action Planning Phase</b>  <b>Action Phase Next Steps: Implementation and Evaluation Planning</b>  <i>Healthy Montgomery staff: Dourakine Rosarion and</i></p>	<p>An overview of the action planning phase timeline was presented by the Healthy Montgomery Staff. Accomplishments to date for both the Behavioral Health and Obesity work groups were presented. The current activities and future milestones in progress were identified. The need for public partners to contribute and improve the work groups' efforts was emphasized. The implementation phase is planned to start in June 2013.</p>		



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	<p>with the assistance of the HMSC and the County Wellness Coordinator.</p> <ul style="list-style-type: none"> <li>○ The need for the HM Steering Committee to empower work group to develop strategies to move forward.</li> <li>○ First step is to obtain data on infants and school-aged children; Maternal and Child Health – Infant (breastfeeding rates); and body mass index (BMI) from middle and high school students, etc.</li> </ul> <p><b>Discussion followed regarding:</b> (1) what the MCOPP staffing would look like, (2) how this body will differ from existing groups working on obesity prevention within the County, (3) and the availability of the potential Wellness Coordinator to assist the Obesity Work Group.</p> <p><b>Suggestions:</b> (1) start interventions that would target groups we have data for; (2) consider the possibilities for HHS or other County departments to assist with staffing and owning MCOPP; (3) consider using environmental data sources from partners (retailers, community development organizations, school health/lunch etc...).</p> <p><b>Behavioral Health Work Group (Thom Harr)</b></p> <ul style="list-style-type: none"> <li>○ The group has focused on three action items: (1) improving <i>InfoMontgomery</i> to make it more comprehensive and user friendly database for behavioral health services available in the County, (2) establishing adequate mechanisms for communication between providers, and (3) creating a virtual Accountable Care Organization (ACO)—a</li> </ul>		

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	<p>formal integrated system;</p> <ul style="list-style-type: none"> <li>○ The need for legislative support and funding for the integration of services; look at ways to re-route funds to behavioral health agencies to prevent hospital re-admissions of patients for the same reasons— save money at the institutional level and re-invest into communities;</li> <li>○ Address the shortage of psychiatrists and bilingual therapists;</li> <li>○ It is important to establish linkages among hospitals and community providers to coordinate patients transfer;</li> <li>○ With the set-up of Maryland Exchanges – parity is important because of its application. While Medicaid is able to qualify for the health phase, there is concern about provider capacity, lack of bilingual psychiatrists/therapists, etc.</li> <li>○ Consider having two systems: (1) grant funded and (2) security service to ensure coverage of behavioral and mental health issues.</li> </ul> <p><b>Sustainability for Obesity Prevention &amp; Behavioral Health Initiatives - (Uma Ahluwalia)</b></p> <p>Ms. Ahluwalia emphasized the need of greater focus on sustainability; how will the efforts be maintained/expanded moving forward?</p> <p><b>Questions to Consider for future discussions:</b> (1) how Healthy Montgomery is influencing hospital community benefits? (2) How can these efforts be presented in the</p>		

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	<p>Healthy Montgomery initiative?</p> <p><b>HMSC Suggestions to Work Groups:</b></p> <ul style="list-style-type: none"> <li>○ Need to add provider and other entities (employers, insurance companies etc...)</li> <li>○ Identification of the additional supports needed to achieve success (additional <b>policies, practice</b> adjustments, and/or new <b>legislation</b>).</li> <li>○ Encourage greater local hospital involvement in the Community Health Improvement Process and the need for Healthy Montgomery to align with the hospitals' efforts, which are in the implementation phase currently.</li> </ul>		
<p><b>Park Wellness</b>  <i>Rachel Davis Newhouse</i>  <i>Montgomery County</i>  <i>Department of Parks</i></p>	<p>Montgomery County Department of Parks member, Rachel Newhouse, presented the Department's roles and expressed their interest in participating in local efforts to promote health and wellness. Ms. Newhouse mentioned that Parks offer a platform for obesity prevention and provided examples of stress-reduction activities, such as driving through the parkways and green prescription programs issued by local physicians to direct their patients to walk more frequently. The Parks Department is also planning block parties for community organizations and other agencies to come together to promote wellness.</p>	<p><b>Co-chairs will help include them in their groups</b></p>	<p><b>Work Group Co-chairs.</b></p>

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<b>Open Discussion (ALL)</b>  <b>Charter Development</b>	<p>Mr. Leventhal opened the floor to questions.</p> <p>Mr. Leventhal emphasized the importance of developing the charter, in the near future, that would lay out structure, and fundamental rules for membership meetings, etc.</p>	<b>HHS/HM staff will have written document ready by next meeting</b>	<b>HHS/HM</b>
<b>Future HMSC Meetings</b> <i>Dourakine Rosarion, Healthy Montgomery, HHS</i>	<p>Ms. Rosarion announced the upcoming meetings for the HMSC. The next two meetings are as follows:</p> <ul style="list-style-type: none"> <li>• <b>March 11, 2013, location TBD</b></li> <li>• <b>May 13, 2013, location TBD</b></li> </ul> <p>Ms. Rosarion asked the HMSC membership to contact Healthy Montgomery Staff should they be able to host an upcoming meeting. The HMSC meets from 6:00 – 8:00 p.m.</p> <p>Ms. Rosarion thanked Mr. Leventhal for hosting the meeting at the County Council Office Building and for the dinner.</p>	<b>Set up meeting logistics and share with the HMSC</b>	<b>Healthy Montgomery Staff</b>
<b>Wrap-Up/Adjourn</b> <i>Co-Chairs Councilmember George Leventhal and Sharan London</i>	<p>The meeting was adjourned at approximately 7:55 p.m.</p>		

Respectfully Submitted: Dourakine Rosarion and Hawa Barry

Approved:

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