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*Sutter Health California Pacific Medical Center*

Abbie Yant, RN, MA  
*Saint Francis Memorial Hospital (Dignity Health)*

April 23, 2014

To the honorable Commissioners of the SFUSD Board of Education:

I am writing on behalf of the San Francisco Health Improvement Partnership in support of the adoption of the revised Local Wellness Policy for San Francisco Unified School District.

SFHIP is a cross-sector initiative designed to improve the health and wellness of all San Franciscans. The Steering Committee, which serves as the SFHIP governing body, aims to facilitate alignment of San Francisco's priorities, resources, and actions; ensure health equity is addressed through program planning and service delivery; and promote community connections that support health and well-being. The roadmap for SFHIP is San Francisco's Community Health Improvement Plan (CHIP). The CHIP identifies San Francisco's health priorities as well as goals, objectives, measures, and strategies for each priority.

The SFUSD Local Wellness Policy directly supports the SFHIP Priority: *to increase healthy eating and physical activity among San Francisco residents by creating environments that make healthy choices the easy choice.* As key indicators, we look at increasing consumption of fruits and vegetables, decreasing consumption of soda and sugary drinks in children and adolescents, increasing fitness in children as well as increasing the minutes of walking and biking (physical activity) by SF residents. Those indicators are directly aligned with the key revisions to the Wellness Policy:

- limiting access to sugary drinks for both students and adults;
- supporting practices to increase physical activity by utilizing restorative practices instead of limited student access to recess and physical education;
- encouraging staff to be *healthy eating and physical activity* role models for students.

We strongly support the adoption of the SFUSD revised Local Wellness Policy, to advance CHIP priorities and promote health equity for students, staff and families. Sincerely,



Kevin Grumbach, MD  
Steering Committee Co-Chair, SFHIP  
Director of CTSI Community  
Engagement and Health Policy  
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Professor and Chair, UCSF Department  
of Family and Community Medicine